

Bolton

Insight

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Return to Work Plans Following the COVID-19 Pandemic

The coronavirus (COVID-19) pandemic has interrupted many businesses across the country. While it's unclear how long COVID-19 will continue to affect organizations, many employers are looking to the future of employees returning to work.

Echoing the sentiments of public health officials, a return to normalcy won't be like flipping a switch, but rather a gradual effort. In preparation for reopening your business and asking employees to come back to work, it's imperative that your organization thoughtfully constructs a return to work plan for your employees to keep everyone healthy and safe following the COVID-19 pandemic. [READ MORE](#)

COVID-19 Return to Work Technology-Enabled Monitoring Service by Johns Hopkins Healthcare Solutions

Backed by world-renowned experts in infection control and virology, this service offers:

- Daily symptom monitoring and temperature screening of all employees
- Intensive monitoring of high-risk employees
- Population-level reporting and actionable return to work reports
- On-going risk segmentation via population health analytics
- Employee mobile app for convenient digital monitoring

Contact a Bolton Health consultant today to learn more about this unique offering.

Virtual Health Care Trends During the COVID-19 Pandemic

Virtual health care—or telehealth—is an option that has been around for years but has emerged as a key resource during the coronavirus pandemic and will continue to be utilized after the pandemic. [READ MORE](#)

Bolton Health has contacted medical insurance carriers to obtain client specific reports on Coronavirus costs and utilization, including the use of telehealth. Please reach out to a Bolton Health consultant if you would like additional information or if you would like to review these reports.

Wellness: Meditation and Mental Health During the COVID-19 Pandemic

Maintaining your mental health during these uncertain times can be challenging, especially if you're not sure how to get started. That's where meditation can help. There are many different types of meditation to try, and you can see the positive effects after a few minutes. [READ MORE](#)

Resources

[Centers for Disease Control and Prevention: Interim Guidance for Businesses and Employers](#)

[OSHA: General Guidance for All Workers and Employers](#)

[Public Health Emergency Privacy Act as Introduced](#)

[White House: Opening America](#)

[World Health Organization: Workplace Safety Considerations](#)

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